

# DIAGNOSIS CONTINUING EDUCATION

APPROVED AND CO-SPONSORED BY THE GEORGIA SOCIETY  
FOR CLINICAL SOCIAL WORK- [www.gscsw.org](http://www.gscsw.org)

FACILITATED BY ALLIED PROFESSIONALS:

*Ruby Blow, LPC  
of Development Counts*

*Nathaniel "Nate" Ellis, LPC  
of ANEW Perspective*

*Leslie Sessley, LCSW  
of Sessley Counseling Services, Inc*

*Melanie Storrusten, LCSW  
of Align Wellness, LLC*

*Kristin Ryan, LPC  
of Grow Deeping Counseling, LLC*

*Edward "Eddie" Valentine, LCSW  
of the Showcase Group*

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# OVERVIEW

This Diagnostic Training Series is facilitated by a group of Allied Mental health professionals in partnership with the Georgia Society for Clinical Social Workers (GSCSW). The presenters include Professional counselors, Clinical Social Workers, as well as one colleague who will soon be dually licensed as a Marriage and Family Therapist here in the state of Georgia.

We are offering continuing education workshops to support those Licensees who are seeking to meet the Licensure criteria set forth by the Georgia State legislature in its passage of Senate Bill 319 signed into law on April 26, 2016.

This law granted licensed counselors in the state of Georgia the right to diagnosis mental illnesses as described by the diagnostic and statistical Manual of Mental Disorders (DSM-V). It stipulates that licensees under the GA Composite Board for Licensed Professional Counselors, Clinical Social Workers and Marriage and Family Therapists are required to have taken a graduate course in psychopathology or related course title that includes the DSM-V and diagnosis.

Those licensees who have been independently licensed for 10 years by April 26, 2016 are exempt from the education requirement in senate bill 319.

Even though the diagnosis law gave counselors the right to diagnosis, its impact includes any licensees under the composite board's purview who have not met the educational criteria of a 3 semester hour graduate course in diagnosis.

The composite board was charged with developing education criteria for those who did not have a graduate course that meets the diagnosis content requirements.

The composite board accepted the input and support of the professional associations (GSCSW, LPCA-GA & AAMFT-GA) to develop training curriculum requirements. The requirements for licensees are to complete 45 hours of continuing education in diagnosis by December 31, 2017.

***\*This continuing education series is open to any licensee who wants to attend for CE credits. Those who are not taking this series because of the licensing board diagnosis course rule do not have to attend 45 hours from this event.***

# REQUIRED CURRICULUM CONTENT AREAS

The diagnosis continuing education training curriculum must cover the following content areas:

***#1- INTRODUCTION: Intro to the DSM-5.***

***#2- Neuro-developmental and Childhood Disorders***

***#3- Schizophrenia spectrum, and other Psychotic Disorders***

***#4- Mood Disorders***

***#5- Dissociative and Somatic Disorders***

***#6- Lifestyle Factors Manifesting as Mental Health Concerns***

***#7- Substance, Addictive, Disruptive, Conduct and Impulse-Control Disorders***

***#8- Neuro-cognitive Disorders***

***#9- Personality Disorders***

Please make sure you print out and retain the Addendum starting on page 30 of this catalog. Use it to track the workshop date(s) you have attended and the requisite content area covered at each event. Retain for your records along with your CE certificates of completion that you receive at the end of each 5 hour workshop.

## PARTICIPATION IN THIS SERIES

- (a) The training facilitators are independent practitioners and continuing education providers. This means that you will register for the workshops you plan to attend via our respective websites and registration details found starting on pg 21 of this catalog.
- (b) Each workshop in this series is 5 CE hours.
- (c) The time for each event is 9:30 am to 4:00 pm. Each event includes 2 -15 minute breaks and a 1 hour lunch break.
- (d) The workshop dates include different days of the week (*Mondays, Wednesdays, Fridays and some Saturdays*).
- (e) Our workshop series is offered at various locations around metro Atlanta. **See *locations and directions on pg 27***.
- (f) At the end of each event you will receive a certificate issuing your CE's (*continuing education hours*).
- (g) You must complete a total of 45 hours and cover the 9 content areas listed above if you are completing this training to meet the diagnosis course training requirements set forth by the GA Composite Board for Counselors, Social Workers and Marriage & Family Therapists. **\* All are welcome, you do not have to attend and complete 45 CE's if you are not taking the workshops in order to meet the board's diagnosis training requirements.**
- (h) We are not offering an option or discount to pay for all 9 of your selected workshops at once. However, as you review this catalog and select your workshops you can register for more than one workshop at a time on each facilitator's website.
- (i) If you are not able to attend a workshop that you have already registered and paid to attend. You can attend a future date or another workshop offered by this allied professional group. Just contact the facilitator whose event you were unable to attend and they will forward your registration request to one of their peers at no additional fee.
- (j) We hope that registrants will make every effort to attend the training dates for which they have registered. However, if we are not able to accommodate the content area that you need, it is possible that a program approved by one of the other professional associations will be able to accommodate your needs.

- (k) There is a check list attached as an addendum to this catalog. This checklist is a record of materials covered as you complete these 45 CE hours. It represents the educational standards set forth by graduate programs in Clinical Social Work and Clinical Mental Health Counseling. It represents the 9 content areas and learning objectives.
- (l) Registration for this workshop series is offered on the websites of each of the facilitators. **\*See the Schedule and Registration details starting on pg 22.**
- (m) This workshop series is sponsored by GSCSW.
- GSCSW members per workshop fee- \$100 when registered 1 week in advance, \$110 if you register the week of the workshop.
  - All other participant's Counselors, MFT's & non GSCSW Social Worker's pay \$125 when registered at least 1 week in advance, \$135 when you register the week of the event.
  - See the **\*Schedule and Registration details on pg 22**, for website information and early registration timelines.

# FACILITATOR BIO'S



**Ruby Blow, MA, LPC, NCC, CPCS, ACS, BCC, DCC**

Of Development Counts, [developmentcounts.com/diagnosis](http://developmentcounts.com/diagnosis)

Ruby is a master's level licensed professional counselor in the state of Georgia; a board certified coach, an approved clinical supervisor; a certified professional counselor supervisor; a nationally certified counselor and a distance certified counselor. Her purpose is to create the space and conditions for people to meet their professional potential. She does this via continuing education workshops; licensure supervision and consultation/coaching services for licensed mental health

professionals. For the past 19 years she has provided counseling services for individuals, couples and families. She is the recipient of the [2012 Counselor Educator of the Year Award](#) by the Licensed Professional Counselors Association of Georgia. She was an adjunct faculty member and Argosy University Atlanta for 10 years. She taught Ethics, Counseling Skills I & II, Counseling Theory, Family Systems Theory, Human Sexuality and Practicum/Internship Seminar. Her education career began at Georgia Perimeter College where she taught Abnormal Psychology.

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**A. Nathaniel "Nate" Ellis, MS, LPC**

Of ANEW Perspective, <http://anperspective.com/#services>

Nathaniel Ellis is a licensed professional counselor in the state of Georgia. A Graduate from Mercer University in Atlanta, Georgia, he has worked with a diverse population including inmates, troubled children and adolescents along with their families, Veterans, individuals with severe and persistent mental illness, and those struggling with addictions. As a result, he has extensive knowledge and experience working with PTSD and trauma; having completed a research and study on

men who have a history of sexual trauma. Currently, Nathaniel operates his own practice, ANEW Perspective, in the city of Decatur, while still devoting time to work with Veterans in crisis.



**Kristin Ryan, MS, LPC, CPCS**

Of Grow Deep Counseling, LLC,  
[http://www.growdeecounseling.com/  
DiagnosisWorkshopsBoardApproved.en.html](http://www.growdeecounseling.com/DiagnosisWorkshopsBoardApproved.en.html)

Kristin earned a Master’s degree in Community Counseling from Georgia State University and is a licensed professional counselor in practice since 1995. She has a wide array of experience both clinically and administratively, providing supervision and training and overseeing program and business development, while always maintaining direct practice with clients. She is currently in private practice in Duluth, Georgia seeing clients as well as providing clinical supervision to therapists pursuing their licensure, CEU workshops, training and consultation. In addition to a thriving practice, since 2003, Kristin has been an adjunct faculty at Argosy University in the Masters in Mental Health Counseling program. At the university, she most often teaches Abnormal Psychology, Counseling Skills and Ethics.

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**Leslie Sessley, LCSW**

Of Sessley Counseling Services, Inc.,  
<https://sessleycounselingservices.com/diagnosis/>

Leslie is a licensed clinical social worker and a practicing psychotherapist in Atlanta, Georgia. She is an award-winning program coordinator, consultant, trainer, writer, and manager. Over the past 14 years, she has worked with the older adult population and their caregivers in non-profit, public and private sectors. She is the recipient the AARP Power of One Award and The Governor’s Commendation for Customer Service Award for her work with intergenerational families and caregivers in the state of Georgia.

Leslie is a graduate of The University of Pittsburgh with a Master’s degree in Social Work. She also completed a three year intensive residency in marriage and family therapy at The Link Counseling Center Marriage and Family Therapy Institute in Atlanta, Georgia. She prides herself in being passionate and dedicated to connecting family systems principles and complex aging dynamics in a way that is relevant for therapists and other helping professionals.



**Melanie Storrusten, LCSW**

Of Align Wellness, LLC,

<http://www.alignwellnessatl.com/diagnosis-training.html>

Melanie’s career in the social services arena began in the juvenile and criminal justice fields, earning the nickname of “social worker” among her probation officer peers. Melanie received her MSW from Valdosta State University in 2006, completing her master’s level thesis on the need for a drug court in rural South Georgia. Since then, her career has been centered on addiction treatment, beginning at Turning Point

Hospital in Moultrie, GA and has spanned all levels of care and the private, public, and non-profit sectors. She has opened, developed programming for, and served as Director for multiple Partial Hospitalization and Intensive Outpatient Programs, most recently for Foundations Atlanta at Midtown, a high-end holistic treatment program, and then Fresh Start Recovery Center, an IOP specifically focused on meeting the needs of patients utilizing medication-assisted treatment to support their early recovery efforts. She is co-founder and past-President for the LGBTQ Therapist Resource, a professional association of affirming clinicians in the metro Atlanta area. She is currently owner of Align Wellness Solutions, providing counseling, coaching, and yoga/meditation instruction to clients as well as leading trainings, workshops, and retreats for organizations and groups.

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**Eddie Valentin, LCSW**

Of the Showcase Group, [www.showcasegroup.org/ce](http://www.showcasegroup.org/ce)

Edward Valentin, is a clinical social worker, social & behavioral scientist and clinical lecturer. His clinical areas of expertise include: forensics, psychosocial assessment, diagnosis, treatment planning and psychotherapy. He teaches graduate courses in psychopathology, emotional disorders of children & adolescence and social work micro practice.

Edward is a PhD candidate at Clark Atlanta University. His dissertation work is a study of the neuroscience of human bonds and the neurobiological reasons of suicidal ideation.

He attended Emory University for his pre-doctoral rotations in neuroscience research. He is currently a visiting scholar at Emory University Laboratory for Darwinian Neuroscience where he studies the relationship of oxytocin signaling and military veteran suicide. He is a collaborative scholar at Emory University Department of Neurosurgery, the Willie-Bijanki Laboratory for Behavioral Modulation.

He is the co-owner of The Council for Community Wellness a group clinical practice and the COO of Showcase a non-profit providing social/emotional learning; STEAM programs and human services for at risk children, families and communities.

# SCHEDULE & REGISTRATION INFORMATION

**\*Time** 9:30 am to 4:00 pm for each event 5 CE's for each event approved by GSCSW. These CE's represent core and/or ethics hours for each allied professional (LPC, LCSW, LMFT).

**\*Fees-** \$100 for GSCSW members 1 week in advance, \$110 the week of the workshop, \$125 for non GSCSW members, LPC's and LMFT's 1 week in advance, \$135 the week of the workshop.

## JUNE

**Wed., 6/21/17- Diagnosis and Treatment of Mood Disorders, Trauma, Anxiety & Stress (1 hour of ethics CE's included in this total 5 CE workshop)**

*\*Register no later than 6/14/17 for \$10 reduction in rate*

Presenter: Melanie Storrusten, LCSW

Location: Foundations Midtown

**Registration:** <http://www.alignwellnessatl.com/diagnosis-training.html>

**Mon., 6/26/17- What to Ask & How- Effective & Ethical Diagnostic Interviewing, (5 Ethics and Core CE's)**

*\*Register no later than 6/19/17 for \$10 reduction in rate*

Presenter: Ruby Blow, LPC,

Location: Ridgeview Institute

**Registration:** [www.developmentcounts.com/diagnosis](http://www.developmentcounts.com/diagnosis)

## JULY

**Mon., 7/17/17- The Diagnosis and Treatment of Eating, Sleep and Sexual Disorders w/Ethical Considerations (1 hour of ethics CE's included in this total 5 CE workshop)**

*\*Register no later than 7/10/17 for \$10 reduction in rate*

Presenter: Ruby L. Blow, LPC,

Location: Ridgeview Institute

**Registration:** [www.developmentcounts.com/diagnosis](http://www.developmentcounts.com/diagnosis)

**Fri., 7/21/17- Understanding People: Ethical Approach to Diagnostic Interviewing, Case Conceptualization and Treatment (1 hour of ethics CE's included in this total 5 CE workshop)**

*\*Register no later than 7/14/17 for \$10 reduction in rate*

Presenter: Kristin Ryan, LPC

Location: Grow Deep Counseling, LLC inside Life Church International

**Registration:** [www.growdeepcounseling.com](http://www.growdeepcounseling.com)

## AUGUST

**Fri., 8/4/17- Why Do You Do That??: Diagnosing, Understanding and Working with Personality Disorders (1 hour of ethics CE's included in this total 5 CE workshop)**

*\*Register no later than 7/28/17 for \$10 reduction in rate*

Presenter: Kristin Ryan, LPC

Location: Grow Deep Counseling, LLC inside Life Church International

**Registration:** [www.growdeepcounseling.com](http://www.growdeepcounseling.com)

**Wed., 8/16/17-Ethics and the DSM-V: History, Politics, and Today (1 hour of ethics CE's included in this total 5 CE workshop)**

*\*Register no later than 8/9/17 for \$10 reduction in rate*

Presenter: Melanie Storrusten, LCSW,

Location: Foundations Midtown

**Registration:** <http://www.alignwellnessatl.com/diagnosis-training.html>

## SEPTEMBER

**Fri., 9/8/17- Living in my Own World: Diagnosis and Treatment of the Schizophrenia Spectrum and Psychosis (1 hour of ethics CE's included in this total 5 CE workshop)**

*\*Register no later than 9/1/17 for \$10 reduction in rate*

Presenter: Kristin Ryan, LPC

Location: Grow Deep Counseling, LLC inside Life Church International

**Registration:** [www.growdeepcounseling.com](http://www.growdeepcounseling.com)

**Mon., 9/11/17- A Clinical Review of Somatic and Dissociative Disorder**

*\*Register no later than 9/4/17 for \$10 reduction in rate*

Presenter: Eddie Valentin, LCSW

Location: Ridgeview Institute

**Registration:** [www.showcasegroup.org/ce](http://www.showcasegroup.org/ce)

**Mon., 9/18/17- What to Ask & How- Effective & Ethical Diagnostic Interviewing, (5 Ethics and Core CE's)**

*\*Register no later than 9/11/17 for \$10 reduction in rate*

Presenter: Ruby L. Blow, LPC

Location: Lakeview Behavioral Health

**Registration:** [www.developmentcounts.com/diagnosis](http://www.developmentcounts.com/diagnosis)

**Fri., 9/29/17- Understanding People: Ethical Approach to Diagnostic Interviewing, Case Conceptualization and Treatment (1 hour of ethics CE's included in this total 5 CE workshop)**

*\*Register no later than 9/22/17 for \$10 reduction in rate*

Presenter: Kristin Ryan, LPC

Location: Grow Deep Counseling, LLC inside Life Church International

**Registration:** [www.growdeepcounseling.com](http://www.growdeepcounseling.com)

## NOVEMBER

**Fri., 11/3/17- Why Do You Do That??: Diagnosing, Understanding and Working with Personality Disorders (1 hour of ethics CE's included in this total 5 CE workshop)**

*\*Register no later than 10/27/17 for \$10 reduction in rate*

Presenter: Kristin Ryan, LPC

Location: Grow Deep Counseling, LLC inside Life Church International

**Registration:** [www.growdeepcounseling.com](http://www.growdeepcounseling.com)

**Wed., 11/8/17- Am I Forgetting Something: Ethics, Differential Diagnosis, Treatment and Caregiving of Those with Neurocognitive Disorders (1 hour of ethics CE's included in this total 5 CE workshop)**

*\*Register no later than 11/1/17 for \$10 reduction in rate*

Presenter: Leslie Sessley, LCSW

Location: Lakeview Behavioral Health

**Registration:** <https://sessleycounselingservices.com>

**Fri., 11/10/17- DE-STRESS from DISTRESS: Diagnosis and Treatment of Anxiety and Stress Disorders (1 hour of ethics CE's included in this total 5 CE workshop)**

*\*Register no later than 11/4/17 for \$10 reduction in rate*

Presenter: Nate Ellis, LPC,

Location: Anchor Hospital

**Registration:** [www.anperspective.com](http://www.anperspective.com)

**Mon., 11/13/17- The Diagnosis and Treatment of Eating, Sleep and Sexual Disorders w/Ethical Considerations (1 hour of ethics CE's included in this total 5 CE workshop)**

*\*Register no later than 11/6/17 for \$10 reduction in rate*

Presenter: Ruby Blow, LPC

Location: Lakeview Behavioral Health

**Registration:** [www.developmentcounts.com/diagnosis](http://www.developmentcounts.com/diagnosis)

## DECEMBER

**Mon., 12/4/17- A Clinical Review of Somatic and Dissociative Disorder (1 hour of ethics CE's included in this total 5 CE workshop)**

*\*Register no later than 11/27/17 for \$10 reduction in rate*

Presenter: Eddie Valentin, LCSW

Location: Ridgeview Institute

**Registration:** [www.showcasegroup.org/ce](http://www.showcasegroup.org/ce)

**Sat., 12/9/17- Kids Do the Darndest Things: Diagnosis and Understanding Neuro-developmental and Other Childhood Disorders (1 hour of ethics CE's included in this total 5 CE workshop)**

*\*Register no later than 12/2/17 for \$10 reduction in rate*

Presenter: Nate Ellis, LPC

Location: Lakeview Behavioral Health

**Registration:** [www.anperspective.com](http://www.anperspective.com)

## DECEMBER

**Wed., 12/13/17- Diagnosis and Treatment of Substance, Addictive, Disruptive, Conduct and Impulse-Control Disorders (1 hour of ethics CE's included in this total 5 CE workshop)**

*\*Register no later than 12/6/17 for \$10 reduction in rate*

Presenter: Melanie Storrusten, LCSW

Location: TBA- Likely Foundations Midtown

**Registration:** <http://www.alignwellnessatl.com/diagnosis-training.html>

**Fri., 12/15/17- Living in my Own World: Diagnosis and Treatment of the Schizophrenic Spectrum and Psychosis (1 hour of ethics CE's included in this total 5 CE workshop)**

*\*Register no later than 12/8/17 for \$10 reduction in rate*

Presenter: Kristin Ryan, LPC,

Location: Grow Deep Counseling, LLC inside Life Church International

**Registration:** [www.growdeepcounseling.com](http://www.growdeepcounseling.com)

# CE WORKSHOP FULL DESCRIPTIONS

## **#1- INTRODUCTION: Intro to the DSM-5**

### OPTION A: #1- INTRODUCTION: Intro to the DSM-5

**Title: Understanding People: Ethical Approach to Diagnostic Interviewing, Case Conceptualization and Treatment (5 Ethics CE's)**

Presenter: Kristin Ryan, LPC

Purpose:

Provide an understanding of abnormal behavior and current accepted definition of mental disorder. Culture and discerning between diagnosis and clinical issues is also discussed. Present the importance of diagnosis and how it fits into the treatment process. Provide a model for completing a simple, yet thorough, effective and ethical diagnostic assessment and providing a diagnosis, including demonstration and/or video of the process. Review case conceptualization and treatment planning. Review the DSM 5 and its use as a reference guide

Objectives:

- Understand the role of diagnosis in clinical practice including clinical, cultural, legal and ethical implications.
  - Learn an effective model for completing a diagnostic assessment.
  - Increase working knowledge of abnormal behavior, effective treatment and the DSM 5 for quality clinical care.
-

## OPTION B: #1- INTRODUCTION: Intro to the DSM-5

### Title: **What to Ask & How? Diagnosis and Effective & Ethical Diagnostic Interviewing (5 Ethics CE's)**

Presenter: Ruby Blow, LPC

#### Purpose:

To examine how the DSM was created including the historical perspective of classification of mental disorders. Explore the uses of the DSM-5 and diagnostic collaboration with other professions as needed and to explore the ethical implications of diagnosis. This workshop will support participants in effective and ethical clinical interviewing.

#### Objectives:

- Overview of differential diagnosis decision process.
  - Highlight important changes from the DSM-IV-TR to DSM -V
  - Considerations of medical problems that impact diagnosis of mental health issues.
  - An exploration of ethical issues and multicultural factors.
  - Contributing factors that lead to depression/anxiety.
  - The effects of medications and their relationship to symptoms of mental health disorders and other biological factors.
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## OPTION C: #1- INTRODUCTION: Intro to the DSM-5

**Title: Ethics and the DSM-V: History, Politics, and Today (5 Ethics CE's)**

Presenter: Melanie Storrusten, LCSW

Morning session: A Case Study: Healing the Therapeutic Relationship: A History of Diagnosis and Treatment of the LGBTQ Community, and Ethical Implications

Afternoon session: Expanding What We've Learned: Responsible and Ethical Diagnosing

Purpose:

An introduction to the DSM, its purpose, usefulness, politics, ethics, and prevailing critiques will be presented, utilizing a history of LGBTQ diagnoses and treatment within our profession as a case example. Taking ideas made practical and tangible by this example, discussion will follow taking a broader look at changes within the DSM over time, and how those changes have impacted our practice. We will highlight new changes within the DSM-V, discuss specifiers, modifiers, and inclusion of bio-psycho-social factors, including medical issues to be taken into account during diagnosis. We will also discuss competencies and limitations of practice for clinicians.

Objectives:

- Participants will demonstrate ability to describe and explain key terms, and differentiate between concepts of sex assigned at birth, gender identity, gender expression, and sexual orientation.
  - Participants will obtain a general overview of our profession's historic treatment of sexual orientation and gender identity issues – diagnosis, treatment, and related ethical issues.
  - Participants will describe support for and critiques of our current DSM-V, and diagnostic process in general.
  - Participants will improve knowledge of the DSM-V, and changes made from the DSM-IV-TR.
  - Participants will be able to describe basic components of diagnoses: criteria, specifiers, and modifiers.
  - Participants will improve knowledge of social, cultural, or medical issues that may impact diagnosis.
  - Participants will gain practice in assessment and differential diagnosis by using case examples, partner work, and group discussion.
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## #2- Neuro-developmental and Childhood Disorders

**Title:** **Kids Do the Darnest Things: Diagnosis and Understanding Neurodevelopmental and Other Childhood Disorders**  
*(1 hour of ethics CE's included in this total 5 CE workshop)*

Presenter: Nate Ellis, LPC

Purpose:

This workshop will increase competence of childhood neuro-developmental disorders and other childhood disorders (ADHD, DMDD), and demonstrate measures to effectively diagnose such disorders while being able to discern similarities in symptoms.

Objectives:

- Learn common neuro-developmental diagnosis for children
  - Review of criteria/symptomology per DSM V guidelines for assessing and diagnosing Childhood disorders
  - Identify Overlapping tendencies when diagnosing
  - Explore cultural implications for effective diagnosing
- 

## #3- Schizophrenia spectrum and other Psychotic Disorders

### OPTION A: Schizophrenia Spectrum and other Psychotic Disorders

**Title:** **Living in my Own World: Diagnosis and Treatment of the Schizophrenic Spectrum and Psychosis**  
*(1 hour of ethics CE's included in this total 5 CE workshop)*

Presenter: Kristin Ryan, LPC

Purpose:

Provide an understanding of psychosis and the schizophrenic spectrum disorders. Provide a model for accurate, ethical diagnostic assessment. This includes differential for discerning amongst similar disorders and clinical issues. Discuss case conceptualization for understanding and increased empathy for effective treatment and management of psychosis and schizophrenic disorders. This includes discussion of special issues such as concerns of violence, legal aspects, homelessness, family concerns. Assist with practice and application through videos, case vignettes, and/or role plays.

Objectives:

- Learn an effective, ethical model for diagnostic assessment including a specific differential for schizophrenic spectrum disorders
  - Increase working knowledge for effective treatment and management of schizophrenic spectrum disorders and issues.
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## **OPTION B: Schizophrenia Spectrum and other Psychotic Disorders**

### **Title: A Clinical Review of Psychosis**

***(1 hour of ethics CE's included in this total 5 CE workshop)***

Presenter: Eddie Valentin, LCSW

### Purpose:

The purpose of this course is to prepare clinicians in the identification of psychosis and enhance their ability to distinguish between the various psychotic disorders and conditions with psychotic features. Clinicians will also receive instructions in cultural considerations, differential diagnosis, and in referral practices to experts of psychotic disorders.

### Objectives:

- The objective of this course is to provide uniform information regarding psychosis and disorders with strong psychotic symptomology.
  - This course will discuss assessment techniques and provides clinicians with options for referrals to specialist of psychotic disorders.
  - In this course we will explore the conditions that bring us reason for psychosis and its clinical application.
-

## #4- Mood Disorders

### OPTION A: Mood Disorders

**Title: Diagnosis and Treatment of Mood Disorders, Trauma, Anxiety & Stress (1 hour of ethics CE's included in this total 5 CE workshop)**

**Presenter:** Melanie Storrusten, LCSW

**Morning Session:** 50 Shades of Blue: Diagnosis and Treatment of Mood Disorders and Suicidality

**Afternoon session:** Under Pressure: Diagnosis and Treatment of Trauma, Anxiety, and Stress Disorders<sup>5</sup> – Depression, Adjustment Disorders, and Suicidality

#### **Purpose:**

Clinicians attending this training will provide clinicians with an in-depth review of the spectrum of mood disorders in the DSM-V, including a historical look at our treatment (as a profession and as a society) of mood disorders. Clinicians will be presented with several prevailing theories that attempt to describe mood disorders and implications for assessment and treatment.

#### **Objectives:**

- Participants will demonstrate ability to describe, explain key terms, differentiate between concepts, and discuss various theoretical frameworks for understanding stress, trauma, and anxiety, OCD, depression and adjustment disorders, bipolar disorders.
- Participants will obtain a general overview of our profession's historic treatment of these disorders – diagnosis, treatment, and related ethical issues.
- Participants will demonstrate ability to discuss and apply diagnostic criteria for, ethical issues surrounding, and competencies for providing treatment re: DSM V's related diagnoses.
- Participants will gain an understanding of current cultural and socio-political factors impacting mood disorders.
- Participants will demonstrate ability to describe and discuss commonly co-occurring disorders, and discuss and practice differential diagnosis skills.
- Participants will demonstrate knowledge of best practices for treating mood disorders, competencies for clinicians, and additional resources for clients and further clinician education.
- Participants will discuss other intersectional issues related to mood disorders, including age, race, culture, gender, sexuality, ability and religion.

## **OPTION B: Mood Disorders**

**Title:** **DE-STRESS from DISTRESS: Diagnosis and Treatment of Anxiety and Stress Disorders** *(1 hour of ethics CE's included in this total 5 CE workshop)*

**Presenter:** Nate Ellis, LPC

**Purpose:**

This workshop will provide an understanding of anxiety and stress related disorders, including OCD, means to differentiate from similar disorders, and treatment methods to handle stress.

**Objectives:**

- Learn and identify symptoms and signs for diagnostic assessment of stress/anxiety/Obsessive Compulsive Disorders per DSM V guidelines.
  - Increase awareness of stress and its effects on physical health.
  - Explore cultural and gender considerations for diagnosing.
  - Explore and Discuss effective treatment options to manage and decrease symptoms.
- 

## **#5- Dissociative and Somatic Disorders**

**Title:** **A Clinical Review of Somatic and Dissociative Disorder** *(1 hour of ethics CE's included in this total 5 CE workshop)*

**Presenter:** Eddie Valentin, LCSW

**Purpose:**

The purpose of this course is to prepare clinicians in the identification of psychosis and enhance their ability to distinguish between the various conditions of somatic disorders and clinically review the updated diagnostic criteria and treatment of mental disorders involving disassociation. Clinicians will also receive instructions in cultural considerations, differential diagnosis, and in referral practices to experts treating these types of disorders.

**Objectives:**

- The objective of this course is to provide uniform information regarding somatic conditions and dissociative traits and symptoms.
  - This course will discuss assessment techniques and provides clinicians with options for referrals to specialist of these disorders.
  - In this course we will explore the conditions that bring us reason for symptomology of somatic disorders and explore the latest research and clinical applications of dissociative mental conditions.
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## #6- Lifestyle Factors Manifesting as Mental Health Concerns

**Title: The Diagnosis and Treatment of Eating, Sleep and Sexual Disorders w/Ethical Considerations**  
**(1 hour of ethics CE's included in this total 5 CE workshop)**

Presenter: Ruby L. Blow, LPC

Morning Session: Can't Eat, Can't Sleep- Differential Diagnosis, Etiology and Modern Treatment Options for Eating and Sleep Disorders

Afternoon Session: Sexual Difficulties: History, Diagnosis, and Treatment Options

Purpose:

*Can't Eat, Can't Sleep-* To examine the relationship of eating and sleeping to various mental health disorders, as well as assessment differential diagnosis specifically related to eating disorders and sleep disorders. Additionally, this workshop will explore treatment options, effective referral recommendations and consultations.

*Sexual Difficulties-*The purpose of this workshop is to acquaint participants with the history, diagnosis and treatment options for sexual dysfunctions, gender dysphoria and paraphilic disorders. Additionally, the purpose of this workshop is to explore ethical and multicultural factors related to accurate diagnosis; as well as medical factors that can impact sexual functioning and the seeking of treatment.

Objectives:

*Can't Eat, Can't Sleep-*

- Etiology of feeding, eating and elimination disorders reviewed based on current research.
- Assessment process for differential diagnosis including medical considerations.
- Ethical factors related to the diagnosis and treatment of eating and sleep disorders; as well as multicultural factors.
- Discussion of diagnostic specifiers.
- An overview of appropriate treatment strategies and biological factors

*Sexual Difficulties-*

- Etiology of Sexual Dysfunctions, Gender Dysphoria and Paraphilic disorders.
  - Assessment and clinical interviewing as well as collaboration to determine diagnosis.
  - Differential dx with other disorders with similar presentations.
  - Ethical considerations including values and social cultural norms. of DX addressed.
  - A discussion of diagnostic specifiers.
  - Treatment strategies, collaboration and other mental health and medical professionals and biological factors.
-

## **#7- Substance, Addictive, Disruptive, Conduct and Impulse-Control Disorders**

**Title: Diagnosis and Treatment of Substance, Addictive, Disruptive, Conduct and Impulse-Control Disorders  
(1 hour of ethics CE's included in this total 5 CE workshop)**

**Presenter: Melanie Storrusten, LCSW**

**Morning Session: This is Your Brain on Drugs: Diagnosis and Treatment of Substance Use and Co-Occurring Disorders**

**Afternoon Session: Trouble Makers: Diagnosis and Treatment of Disruptive, Conduct and Impulse-Control Disorders**

### **Purpose:**

Clinicians attending this training will provide clinicians with an in-depth review of substance, addictive, disruptive, conduct, and impulse control disorders in the DSM-V, including a historical look at our treatment (as a profession and as a society) of these disorders. Clinicians will be presented with several prevailing theories that attempt to describe these disorders, current trends in treatment and best practices, implications for assessment and clinician competencies.

### **Objectives:**

- Participants will demonstrate ability to describe and explain key terms, and various theoretical frameworks for understanding substance, addictive, disruptive, conduct and impulse control disorders.
- Participants will obtain a general overview of our profession's historic treatment of these disorders and dual diagnosis treatment, and related ethical issues.
- Participants will demonstrate ability to discuss and apply diagnostic criteria for, differential diagnosis of and competencies for providing treatment re: DSM V's substance, addictive, disruptive, conduct and impulse control disorders.
- Participants will gain an understanding of current cultural and socio-political factors impacting these disorders.
- Participants will demonstrate knowledge of best practices for treating clients struggling with these disorders at multiple levels of care, competencies for clinicians, and additional resources for clients and further clinician education.
- Participants will discuss other intersectional and cultural issues affecting the treatment of these disorders, including age, race, gender, sexuality, ability, culture (including 12-step culture, stigma, and prevailing philosophical ideals of the current treatment community), and religion.

## #8- Neuro-cognitive Disorders

**Title: Am I Forgetting Something: Differential Diagnosis, Treatment and Care Giving of Those with Neurocognitive Disorders**  
**(1 hour of ethics CE's included in this total 5 CE workshop)**

Presenter: Leslie Sessley, LCSW

Purpose:

The Purpose of this workshop is to equip participants with the ability to describe the differences between DSM IV- TR and DSM- V diagnosis criteria and the reasons for its changes related to neuro-cognitive Disorders. Participants will learn to identify key strategies for differential diagnosis. Additionally, participants will be familiar with intervention and treatment strategies that incorporate caregivers.

Objectives:

- Differentiate between the major and minor syndromes of neuro-cognitive disorder and delirium.
  - Apply evidenced based interventions and strategies for assessing and treating those with neuro-cognitive disorders.
  - Explain the differences in various subtypes of major or minor neuro-cognitive disorders such as, *Alzheimer's disease, Vascular Dementia, Traumatic Brain Injury, Lewy Bodies, Parkinson's disease, and HIV infection.*
  - Describe how family therapy interventions facilitate higher levels of caregiver satisfaction.
  - Apply ethics and cultural considerations when treating of those caring for and diagnosed with a neuro-cognitive disorders.
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## #9- Personality Disorders

**Title: Why Do You Do That??: Diagnosing, Understanding and Working with Personality Disorders**  
***(1 hour of ethics CE's included in this total 5 CE workshop)***

Presenter: Kristin Ryan, LPC

Purpose:

Provide an understanding of personality disorders including categorical vs. dimensional approach. Provide a model for accurate, ethical diagnostic assessment. This includes differential for discerning amongst similar disorders and clinical issues. Discuss case conceptualization for understanding and increased empathy for effective treatment, improved interpersonal effectiveness and management of personality disorders. Assist with practice and application through videos, case vignettes, and/or role plays.

Objectives:

- Learn an effective, ethical model for diagnostic assessment including a specific differential for personality disorders.
  - Increase working knowledge for effective treatment and management of personality disorders.
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# LOCATIONS & DIRECTIONS

**ANCHOR HOSPITAL**  
5454 Yorktowne Drive  
Atlanta, Georgia 30349

## **DIRECTIONS:**

Yorktowne Drive ends at the hospital parking lot. The hospital is the last building on the left.

### **From I-85 Northbound (from the Newnan/Fairburn)**

Take I-85 North to Exit 71/Riverdale Road. Turn right off the exit ramp onto Riverdale Road. At the 2nd light, turn right onto Highway 314 (West Fayetteville Road). At the 1st traffic light, turn right onto Phoenix Boulevard (also called Godby Road). Turn left at the 1st street onto Yorktowne Drive. There is a white "Anchor Hospital" sign with burgundy letters marking where to turn.

### **From I-20 Eastbound (from the Six Flags/Douglasville/Carrollton)**

Take I-20 East to I-285 South (toward the airport). Take I-285 South/East to Exit 60/Riverdale Road. Turn right off the exit ramp onto Riverdale Road. At the 1st traffic light, turn right onto Phoenix Boulevard (also called Godby Road). Go straight through one traffic light (crossing over West Fayetteville Road) and turn left at the next street, which is Yorktowne Drive. There is a white "Anchor Hospital" sign with burgundy letters marking where to turn.

### **From I-285 Westbound (from Decatur/Conyers)**

Take I-285 West to Exit 60/Riverdale Road. Turn left off the exit ramp onto Riverdale Road. At the 2nd traffic light, turn right onto Phoenix Boulevard. Go straight through one traffic light (crossing over West Fayetteville Road) and turn left at the next street, which is Yorktowne Drive. There is a white "Anchor Hospital" sign with burgundy letters marking where to turn.

### **Interstate 75 Northbound (from Stockbridge/Morrow/Jonesboro area)**

Follow the Riverdale Road sign as you leave the airport. Turn left onto Riverdale Road. Turn right at the 1st traffic light onto Highway 314. Turn right at the 1st traffic light onto Godby Road. Turn left at the next street, which is Yorktowne Drive. There is a white "Anchor Hospital" sign with burgundy letters marking where to turn.

### **From Hartsfield-Jackson International Airport**

Take I-75 North to I-285 West. Take I-285 West to Exit 60/Riverdale Road. Turn left off the exit ramp onto the Riverdale Road. At the 2nd traffic light, turn right onto Phoenix Boulevard. Go straight through one traffic light (crossing over West Fayetteville Road) and turn left at the next street, which is Yorktowne Drive. There is a white "Anchor Hospital" sign with burgundy letters marking where to turn.

FOUNDATIONS MIDTOWN  
1708 Peachtree St NW #300  
Atlanta, GA 30309

**DIRECTIONS:**

Foundations Atlanta at Midtown is located in the historic Brookwood Exchange Building at 1708 Peachtree St NW. We are located between the cross-streets of Peachtree/25th and Peachtree/Deering, and between the large, black glass building and the Masonic building, across from Spa Sydell and Sam Flax.

During times of high traffic, if you are attempting to make a left-hand turn into our lot (coming from the south), the easiest way to access us is by turning left at the light before you get to our building, at Deering Rd. You then make an immediate right into the Amtrak overflow parking lot behind the Masonic building. Continue through their parking lot and you will enter the Brookwood Exchange Building lot. Ample free parking is available, and a permit is not required. If you are coming from the north, you can simply turn right, which will take you directly into our lot.

Enter our building from the parking lot behind the building. The elevators will be directly in front of you. We are on the third floor directly off the elevator. If you enter our building from the front, continue through the doors until you reach the atrium, then walk around to the opposite side of the courtyard to the elevators. Please note, if you parked in the front of the building, you will exit on the second floor to return to your car.

LIFE CHURCH INTERNATIONAL  
**Grow Deep Counseling, LLC**  
4830 River Green Parkway, Suite 150  
Duluth, Ga 30096

**DIRECTIONS:**

Life Church International is located off of Peachtree Industrial Blvd just north of the Pleasant Hill Rd intersection in Duluth.

For suite 150, enter the building using the covered walkway (shared with suite 100 and says church office).

When facing the building, please park your car to the right of the walkway.

Once inside the building, you go through a small entryway, then you will be in the building lobby; go to the right, to suite 150. There will be signs for the workshop. Workshops are held in the conference room or classroom near the suite entrance.

LAKEVIEW BEHAVIORAL HEALTH  
1 Technology Parkway South  
Norcross, GA 30092

## **DIRECTIONS:**

**TRAVELING SOUTH ON I-75:** Follow I-75 to I-285 Interchange Take I-285 EAST- Exit 259. Remain on I-285 East for 10.5 miles to GA 141 North– Exit 31B – Peachtree Industrial Boulevard. Follow Peachtree Industrial Boulevard for five miles. Take right fork in highway. Turn left on Technology Parkway South. Lakeview Behavioral is the first office building to your left.

**TRAVELING SOUTH ON I-85:** Exit I-85 at Jimmy Carter Blvd (EXIT 99). Turn Right off the exit. Continue to Peachtree Industrial Boulevard & turn right. Turn left on Technology Parkway South. Lakeview Behavioral is the first office building to your left.

**TRAVELING NORTH ON I-85:** (from airport) Take I-85 NORTH to I-285 WEST (Exit 95). Take I-285 West 2.4 miles to EXIT 31B; GA 141 North/Peachtree Industrial Blvd. Follow Peachtree Industrial Boulevard for 5 miles. Take right fork in highway, remaining on Peachtree Industrial Boulevard. Turn left on Technology Parkway South. Lakeview Behavioral is the first office building to your left.

**TRAVELING NORTH ON I-75:** (from Macon) Take I-75 NORTH to I-675 NORTH (EXIT 227) Take I-675 North 10.1 miles and merge with I-285 EAST (Augusta/Greenville). Take I-285 for 20.9 miles to GA 141 North– EXIT 31B – Peachtree Industrial Boulevard. Follow Peachtree Industrial Boulevard for 5 miles. Take right fork in highway remaining on Peachtree Industrial Boulevard. Turn left on Technology Parkway South. Lakeview Behavioral is the first office building to your left.

**TRAVELING WEST ON I-20:**(from Augusta) Follow I-20 WEST to I-285 NORTH, Exit 67B. Take I-285 for 14.6 miles to GA 141 North– EXIT 31B – Peachtree Industrial Blvd. Follow Peachtree Industrial Boulevard for 5 miles. Take right fork in highway remaining on Peachtree Industrial Boulevard. Turn left on Technology Parkway South. Lakeview Behavioral is the first office building to your left.

**TRAVELING EAST ON I-20:** (from Birmingham) Follow I-20 EAST to I-285 NORTH, Exit 51B. Take I-285 for 20.6 miles to GA 141 North– EXIT 31B – Peachtree Industrial Blvd. Follow Peachtree Industrial Boulevard for 5 miles. Take right fork in highway remaining on Peachtree Industrial Blvd. Turn left on Technology Parkway South. Lakeview Behavioral is the first office building to your left.

RIDGEVIEW INSTITUTE  
3995 S Cobb Dr  
Smyrna, GA 30080

**DIRECTIONS:**

**Ridgeview is located off of I-285** at Exit 15 (South Cobb Drive). From Exit 15, you will travel north on South Cobb Drive approximately 2.5 miles. Ridgeview is on the right.

The Professional Learning Center is on the left side of the drive. The parking lot for the Professional Learning Center is the first parking entrance on your left.

# ADDENDUM- RECORD OF ATTENDANCE

**CONTENT AREA 1:** DATE(s) COMPLETED: \_\_\_\_\_

**Introduction to the DSM-5** Objectives that were covered:

(check all that apply)

- How was the DSM created: historical perspective of classification of mental disorders.
- History and purpose of diagnosis
- Understanding assessment tools, the assessment process and the relationship of assessment to diagnosis.
- Highlight important changes from the DSM-IV-TR to DSM -V & Movement from ICD-9 to ICD-10 coding 2015.
- Diagnostic terms and categorized removed/replaced in DSM-5
- Detailed overview of Medical problems often misdiagnosed as mental health issues, and vice versa:
- Ethics** of the diagnosis process discussed and addressed

**CONTENT AREA 2:** DATE(s) COMPLETED: \_\_\_\_\_

**Neuro-developmental and Childhood Disorders.** Objectives that were covered: (check all that apply)

- Etiology of neurodevelopmental disorders based on current research.
- Differential dx.
- Specifiers for neurodevelopmental disorders.
- Onset during developmental stages.
- Ethics** of diagnosis with youth explored.
- Need for referral and collaborative care reviewed.
- Common diagnosis reviewed including autism spectrum, IDD, ADHD & learning disorders.
- Brief overview of appropriate treatment strategies discussed.

**CONTENT AREA 3:** DATE(s) COMPLETED: \_\_\_\_\_

**Schizophrenia spectrum and other Psychotic Disorders** Objectives that were covered: (check all that apply)

- Etiology of schizophrenia spectrum and other psychotic disorders based on current research.
- Assessment process for determining dx.
- Differential dx with other disorders with similar presentations.
- Ethics** of DX addressed including discussion of chronicity of DX.
- Discussion of specifiers of schizophrenia. Address complexities of presenting symptoms.
- Brief overview of appropriate treatment strategies and when to seek collaborative care with other mental health and medical professionals.

**CONTENT AREA 4:** DATE(s) COMPLETED: \_\_\_\_\_

**Mood Disorders** Objectives that were covered: (check all that apply)

- Bipolar: Etiology of dx based on current research.
- Assessment process for determining dx. Differential dx with other disorders with similar presentations.
- Discussion of specifiers for Bipolar. Brief overview of appropriate treatment strategies.
- When to seek collaborative care with other mental health and medical professionals.
- Depression and Adjustment disorders: Etiology of dxs and based on current research.
- Assessment process for determining dx. Differential dx with other disorders with similar presentations.
- Include brief overview of risk assessment and suicide screenings and appropriate treatment strategies.
- Anxiety and OCD: Etiology of dxs based on current research
- Assessment process for determining dx. Differential dx with other disorders with similar presentations.
- Brief overview of appropriate treatment strategies.
- Trauma and Stress related disorders: Etiology of dxs and based on current research.
- Assessment process for determining dx. Differential dx with other disorders with similar presentations.
- Brief overview of appropriate treatment strategies and when to seek collaborative care with other mental health and medical professionals.
- Ethics** of Mood Disorder Dx process and importance of examination of differential dx explored.

**CONTENT AREA 5:** DATE(s) COMPLETED: \_\_\_\_\_

**Dissociative and Somatic Disorders:** Objectives that were covered:  
(check all that apply)

- Etiology of dxs and based on current research of dissociative disorders.
- Differential dx with other disorders with similar presentations.
- Etiology of somatic disorders reviewed based on current research.
- Assessment process for determining somatic dx especially related to Medical DX and comorbidity.
- Ethics** of DX addressed including importance of collaboration with medical professionals.
- Brief overview of appropriate treatment strategies and when to seek collaborative care with other mental health and medical professionals.

**CONTENT AREA 6:** DATE(s) COMPLETED: \_\_\_\_\_

**Lifestyle Factors Manifesting as MH Concerns:** Objectives that were covered: (check all that apply)

- Etiology of feeding, eating and elimination disorders reviewed based on current research.
- Assessment process for determining dissociative dx. .
- Differential dx with other disorders with similar presentations.
- Etiology of Sleep-Wake Disorders reviewed based on current research.
- Assessment process for determining dx especially related to Medical DX and comorbidity.
- Differential dx with other disorders with similar presentations.
- Etiology of Sexual Dysfunctions, Gender Dysphoria and Paraphilic disorders reviewed.
- Assessment process for determining dx. Differential dx with other disorders with similar presentations..
- Medical differential dx addressed and how to recognize the need to refer.
- Overview of medical problems often misdiagnosed as mental health issues and vice versa.
- Understanding bio-physiologic mechanisms of depression and anxiety caused by medical dx.
- Exploration of comorbidity.
- Common drugs that can contribute adverse effects of medication that create symptoms of MH disorders.
- Ethics** of DX process addressed including discussion of cultural considerations impacting this content area.
- Brief overview of appropriate treatment strategies and when to seek collaborative care with other mental health and medical professionals.

**CONTENT AREA 7:** DATE(s) COMPLETED: \_\_\_\_\_

**Substance, Addictive, Disruptive, Conduct and Impulse-Control Disorders** (check all that apply)

- Etiology of Substance and Addictive Disorders reviewed based on current research.
- Assessment process for differential dx with other disorders with similar presentations.
- Etiology of Disruptive, Conduct and Impulse control Disorders reviewed based on current research.
- Assessment process for determining dx with other disorders with similar presentations.
- Ethics** of DX process addressed and implications of labels.
- Brief overview of appropriate treatment strategies and when to seek collaborative care with other mental health and medical professionals.

**CONTENT AREA 8:** DATE(s) COMPLETED: \_\_\_\_\_

**Neuro-cognitive Disorders** Objectives that were covered: (check all that apply)

- Etiology of Neuro-Cognitive Disorders reviewed based on current research.
- Assessment process for differential dx with other disorders with similar presentations.
- Ethics** of DX process addressed and importance of working collaboratively with other professions.
- Brief overview of appropriate treatment strategies and when to seek collaborative care with other mental health and medical professionals.

**CONTENT AREA 9:** DATE(s) COMPLETED: \_\_\_\_\_

**Personality Disorders** Objectives that were covered: (check all that apply)

- Etiology of Personality Disorders reviewed based on current research.  
Assessment
- process for differential dx with other disorders with similar presentations.
- Ethics** of DX process addressed including discussion of transference and countertransference.
- Brief overview of appropriate treatment strategies and when to seek collaborative care with other mental health and medical professionals.